

Positive Feeling Words and Phrases

Have fun adding your own words to the list.

<h3>Peaceful Feelings</h3> <p>approving, at ease, calm, cherished / cherishing, comfortable, content, expansive, faithful, glad, god-conscious, harmonious, moved, placid, protected, quiet, relaxed, safe, satisfied, secure, self-accepting, still, treasured / treasuring</p>	<h3>Joyful Feelings</h3> <p>beatific, blissful, bright, cheerful, delighted, divine, ecstatic, elated, enriched, exhilarated, exultant, euphoric, fervent, happy, hopeful, inspired, motivated, optimistic, positive, resplendent, stirred, transcendent, unlimited, uplifted</p>
<h3>Loving Feelings</h3> <p>accepted / accepting, adored / adoring, admired / admiring, appreciated / appreciative, befriended, celebratory, connected, close, delighted in / delighting in, encouraged / encouraging, forgiven / forgiving, generous, giving, grateful, nurtured / nurturing, open, protected / protective, respected / respecting, sustained, thankful, trusted / trusting,</p>	<h3>Feelings of Empowerment</h3> <p>accomplished, artistic, certain, creative, dignified, energetic, expert, fulfilled, gratified, healthy, honored, important, informed, indispensable, intelligent, knowledgeable, learned, nourished, inventive, original, pleased, proud, recognized, rewarded, successful, valued / valuable, worthy</p>
<h3>Wise Feelings</h3> <p>absorbed, alert, astute, attuned, aware, centered, discerning, focused, free, insightful, introspective, intuitive, judicious, liberated, one-pointed, open, perceptive, sensitive, unbound, unfettered, wise</p>	<h3>Exciting Feelings</h3> <p>amazed, awed, brave, curious, courageous, daring, engaged, enthused, fearless, frisky, funny, hilarious, interested, intrigued, laughing, lively, on-fire, passionate, reverent, spirited, stimulated</p>

My Own Words:

Tip: Circle 3-5 words that match today. Try a different set next time.